

H&R MFRC

ESTABLISHED 1986

www.halifaxmfr.ca | 902.427.7788

BACKGROUND

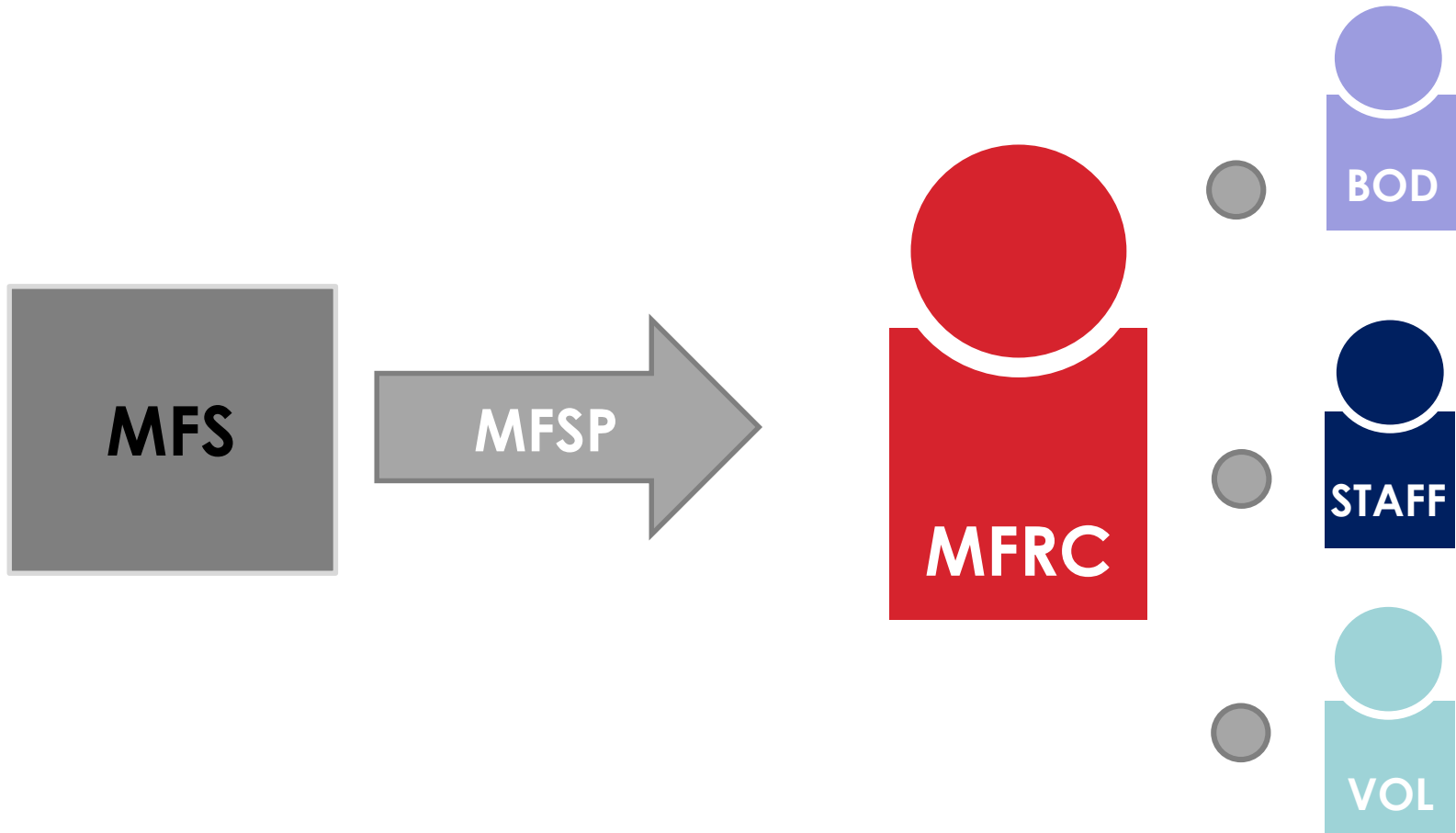
MISSION READY

The ability of CAF members to do their job is highly dependent on the assurance that their family is cared for.

**FAMILY READINESS =
OPERATIONAL READINESS**



STRUCTURE





BOARD OF DIRECTORS

- Governance Board
- Members: 51% family members of serving CAF members
- Chief from each element, voting member
- Strong relationship with Chain of Command
- Registered charity

FUNDING

SOURCES OF FUNDING

**MILITARY
FAMILY
SERVICES**

BASE/ WING

FUNDRAISING

**PROVINCIAL/
FEDERAL**

RESTRICTED FUNDS

**MILITARY
FAMILY
SERVICES**

BASE/ WING

**PROVINCIAL/
FEDERAL**

RESTRICTED

FUNDRAISING

UNRESTRICTED FUNDS

**MILITARY
FAMILY
SERVICES**

BASE/ WING

**PROVINCIAL/
FEDERAL**

FUNDRAISING

UNRESTRICTED

WHAT GUIDES US

OUR MISSION

To strengthen the well-being of all those who share the unique experience of military life.

OUR APPROACH

For families, by families.

Responsive

Relevant

**Evidence-
based**

PARAMETERS 4 PRACTICE



**WHO WE
SERVE**

WHO WE SERVE



YOUR PARENTS



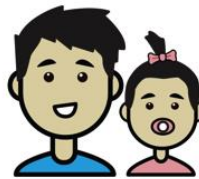
YOUR SPOUSE



YOUR SIBLINGS



YOUR GRANDPARENTS



YOUR CHILDREN



YOUR UNCLE
BOB



FAMILY CONTACT FORM

HALIFAX & REGION
MILITARY FAMILY RESOURCE CENTRE



CENTRE DE RESSOURCES DES FAMILLES
MILITAIRE D'HALIFAX ET RÉGIONS

CONTACT INFORMATION FORM/FORMULAIRE DE RESEIGNEMENTS

INSTRUCTIONS:

- In / Out Routine (Section A)
- New to area / Welcome Package (Section A & C)
- Deployment (Section A,B & C)

PLEASE MAIL TO:

H&R MFRC WP106
Box 99000 STN Forces
Halifax, NS
B3K 5X5

INSTRUCTIONS:

- Routine d'arrivée / Sortie (Section A)
- Trousse de Bienvenue (Section A et C)
- Déploiement (Section A,B et C)

VEUILLEZ POSTER À:

CRFM H&R WP106
C.P 99000 Succ. Forces
Halifax, NÉ
B3K 5X5

A. INFORMATION		Please Check One/Veuillez Cocher	In Routine/Arrivée <input type="checkbox"/>	Out Routine/Sortie <input type="checkbox"/>
Rank/Grade	Surname/Nom de famille	First name/Prénom		
Address/Adresse		COS date DD ____ /MM ____ / YR ____		

**HOW WE
DO IT**

WHERE WE SERVE



SYDNEY SITE (Satellite)

1 Des Barres Street
Sydney, NS
(Sydney Garrison)



SHEARWATER SITE (Full service)

30 Provider Road
Shearwater, NS
(SH 14)



HALIFAX SITE (Full service)

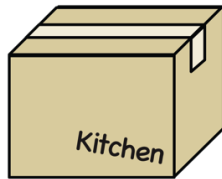
6393 Homefire Crescent
Halifax, NS
(WP 106)



WHAT MAKES US UNIQUE

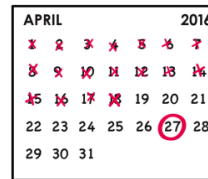
- Largest MFRC, serving the largest military base in the country
- Serving all 3 elements (Navy, Air Force, Army) & Reservists
- Responsive to local trends
- Always engaged in pilot projects
- Outreach requirements
- Unit Family Representatives
- Only MFRC with 24hr information line
- Only MFRC with on-site Padre
- Invest in learning and evaluation

3 CHARACTERISTICS



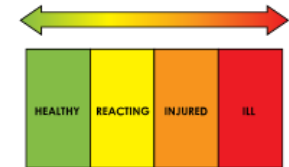
MOBILITY

Programs & services that support: relocation, community integration and transition.



SEPARATION

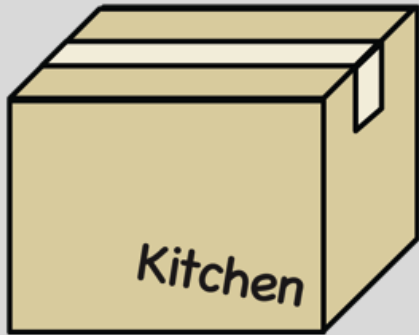
Programs & services that connect families and decrease social isolation.



RISK
(Physical, Mental & Social)

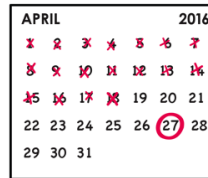
Programs & services that help mitigate challenges and build resiliency.

3 CHARACTERISTICS

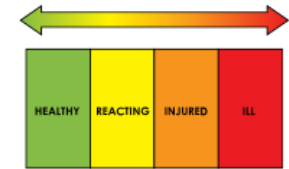


MOBILITY

**Spousal Employment Support
Welcome Program
Second Language Training
Veteran Family Program
Volunteer Opportunities
Youth Centre**

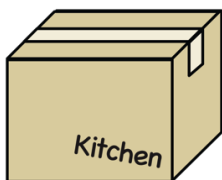


SEPARATION



RISK
(Physical, Mental
& Social)

3 CHARACTERISTICS

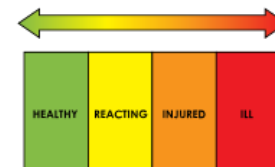


MOBILITY



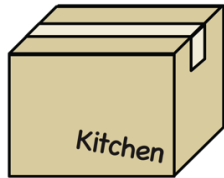
SEPARATION

Deployment Network
Adult Programs
Morale Mail
Children's programs
Family programs

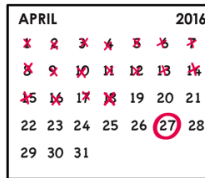


RISK
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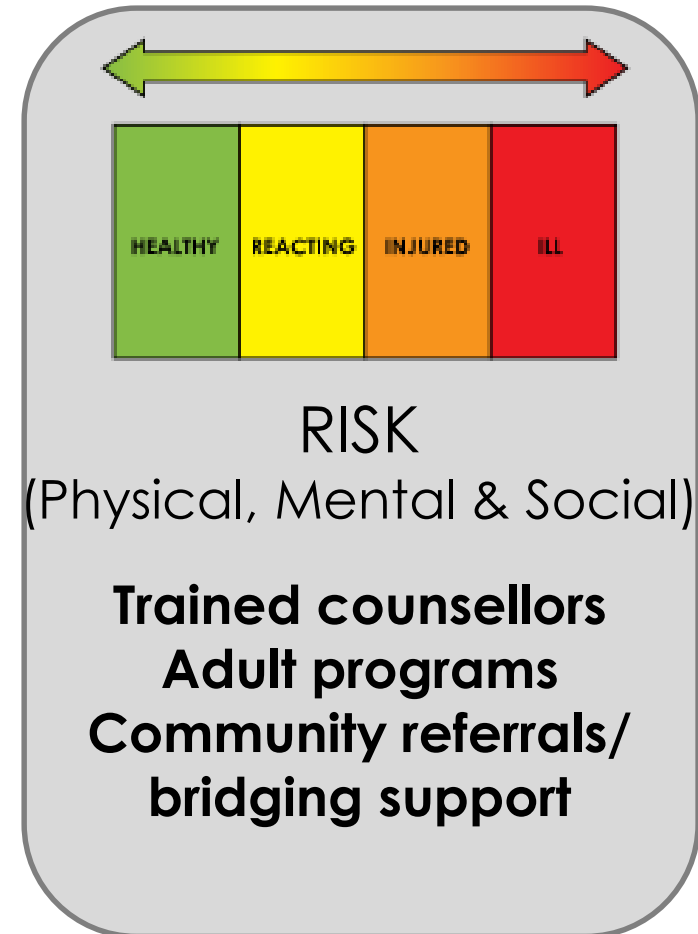
3 CHARACTERISTICS



MOBILITY



SEPARATION



TRENDS (2017-2018)

Trend	Our Response
Challenges accessing health care	MAPLE – virtual health program for relocating families
Supports for families with special needs/ exceptional circumstances	Hiring of staff, creation and implementation of Inclusion Services
Increased need for second language services	For the Love of French™, need to connect families in their official language
High operational tempo	Invested in online registration, improved communications, increased opportunities for connection programs
A need to expand our reach	Virtual programming
Access to child care	Offer a variety of options, including 2 licensed child care centres (223 spaces)

**VETERAN
FAMILY
PROGRAM**

VETERAN FAMILY PROGRAM

- Launched in 2015 at 7 pilot sites
- Partnership between VAC and MFS
- **Goal:** Identify need and develop programs & services to meet the need
- **Eligibility:** medically releasing military members or medically released veterans, as of October 2015.



VETERAN FAMILY PROGRAM PILOT

- **Dedicated staff person:** VFP Coordinator navigated, raised awareness of VFP, and developed and delivered programs
- **Established partnerships:** with other veteran agencies for information and referral
- **Access to MFRC services:** ex: employment support and mental health services

AWARENESS

- **Target goal:** to raise awareness that medically released veteran families could now access MFRCs
- **Achieved through:** mass advertising, briefings, members clearing out at MFRC
- **Result:** Minimal uptake after 3 year pilot

Easing your Transition



SUCCESSSES

- Outreach (Cape Breton), building partnerships with other veteran agencies
- Via the IPSC and Family Liaison Officer, Mental Health & Well-Being services, and Mental Health First Aid for Veterans program
- Veteran families (from outside of Halifax) often access short-term accommodations

PILOT TO PROGRAM

- Integrated at all 32 MFRCs (April 1, 2018)
- Lifted released date parameter (October 2015), now serve all medically released veteran families.
- **6 national programs:** Living Life to the Full, MHFA, Caring for the Caregiver, Shifting Gears, Family in Transition session, Financial Matters for Transitioning Families

GET CONNECTED



WEBSITE



FACEBOOK



TWITTER



ENEWS



VISIT



PARTICIPATE

<small>HALIFAX & REGION MILITARY FAMILY RESOURCE CENTRE</small>		<small>MFSP MILITARY FAMILY SUPPORT PROGRAM</small>	<small>PSFM PSYCHOLOGICAL SUPPORT FOR SERVICE MEMBERS</small>	<small>CENTRE DE RESSOURCES DES FAMILLES MILITAIRE D'HALIFAX ET RÉGIONS</small>					
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PLEASE MAIL TO: H&R MFRC WP106 Box 99000 37th Fenwick Halifax, NS B3K 5X5		VEUILLEZ POSTER À: CSFM H&R WP106 C.P. 99000 Succ. Fenwick Halifax, NS B3K 5X5							
A. INFORMATION Please Check One/Veuillez Cocher In Routine/Arrivée <input type="checkbox"/> Out Routine/Sortie <input type="checkbox"/>									
<table border="1"> <tr> <td>Rank/Grade</td> <td>Service/Num de Service</td> <td>Ref name/Prénom</td> </tr> <tr> <td colspan="2">Address/Adresse</td> <td>Cell phone</td> </tr> </table>	Rank/Grade	Service/Num de Service	Ref name/Prénom	Address/Adresse		Cell phone			CID: _____ / JRV: _____ / YR: _____
Rank/Grade	Service/Num de Service	Ref name/Prénom							
Address/Adresse		Cell phone							

FILL OUT A FAMILY CONTACT FORM



VOLUNTEER

CONTACT THE H&R MFRC

www.halifaxmfrfc.ca

CALL 902.427.7788

THANK YOU!