



**TRANSITION  
GROUP**

PAST · PRESENT · FUTURE



**GROUPE DE  
TRANSITION**

PASSÉ · PRÉSENT · FUTUR

# Transition – A Step We All Take

Presented by Cdr Helga Budden  
Commanding Officer CAF TU NS/NL



# CAF TG Mission

In coordination with our valued partners, CAF TG will deliver **personalized, professional, and standardized casualty support and transition services** to CAF members and their families to enable **seamless transition and enhanced well-being** with special attention provided to ill and injured personnel, their families and the families of the deceased.



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# CAF TG Goal

The goal is to ensure that all Canadian Armed Forces members, veterans, and their families (with a focus on the ill and injured) receive the **full range of support, compensation, and benefits available to them.**



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# We support



Ill and injured CAF members and families;



Veterans and their families; and



Families of the fallen.



All transitioning CAF members (FOC 2024)

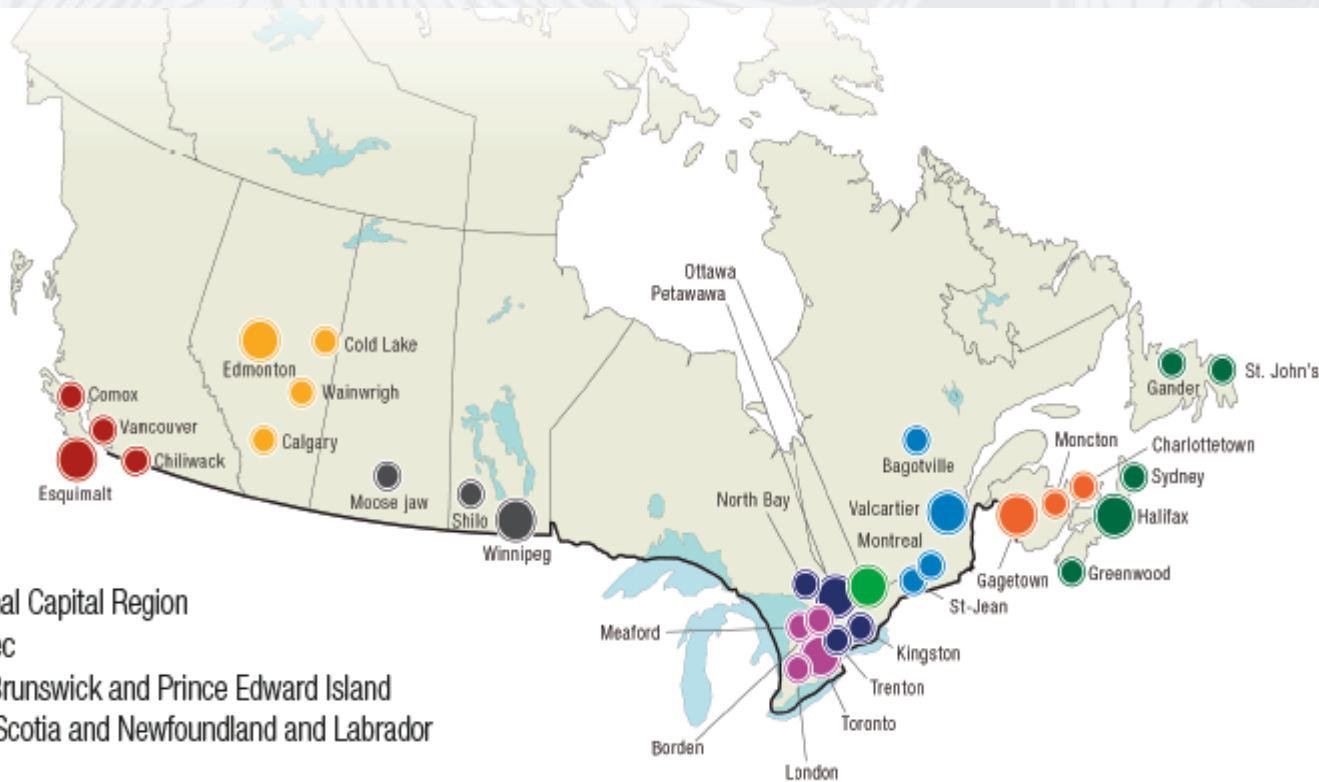




# Structure of CAF TG

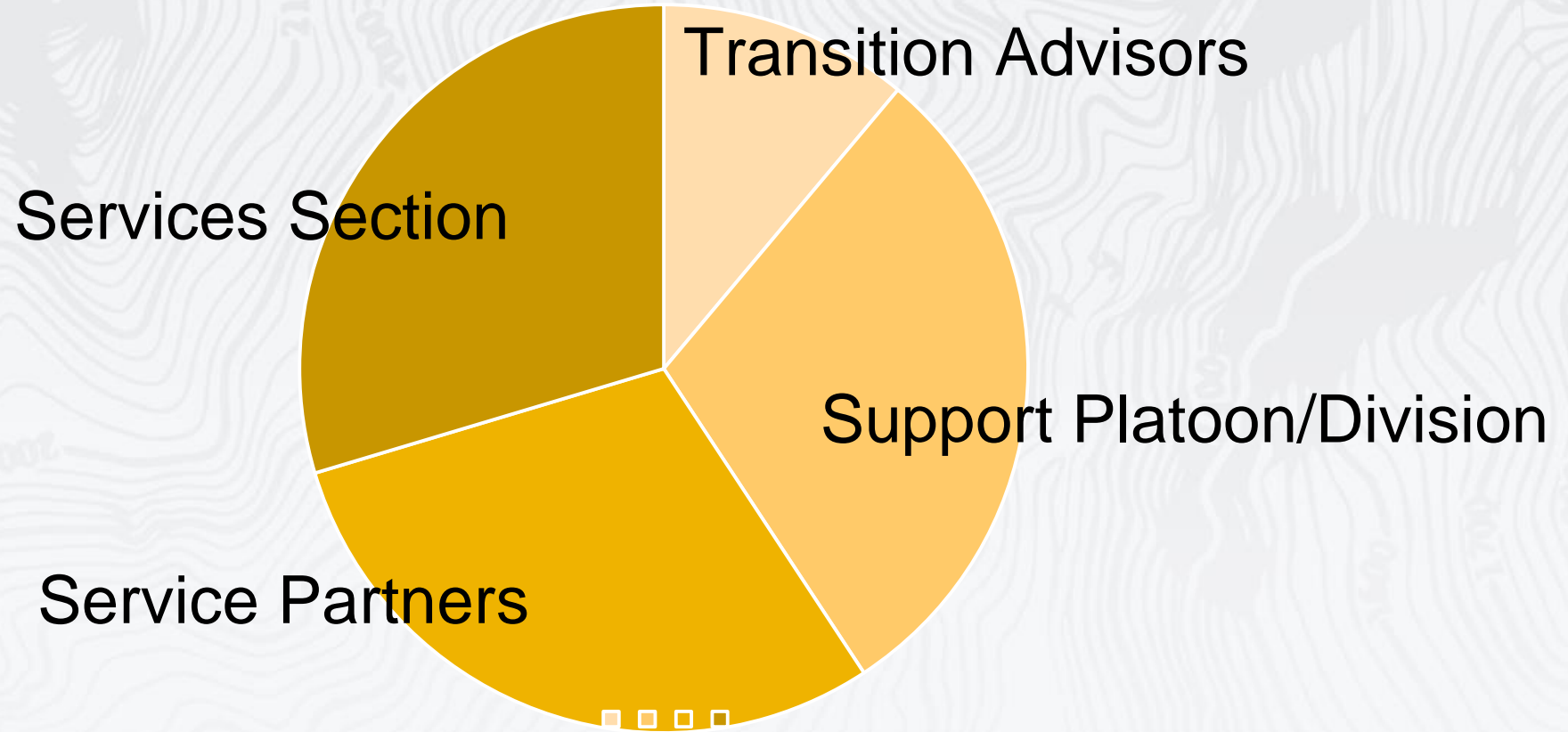
Composed of CAF TG headquarters in Ottawa, 9 regional Transition Units, and 32 Transition Centres across the country

- CAF TU British Columbia
- CAF TU Alberta and Northern Canada
- CAF TU Manitoba and Saskatchewan
- CAF TU Southern Ontario
- CAF TU Eastern Ontario
- CAF TU National Capital Region
- CAF TU Quebec
- CAF TU New Brunswick and Prince Edward Island
- CAF TU Nova Scotia and Newfoundland and Labrador





# Structure of CAF TC





# Support Platoon/Division



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# CAF TC Support Platoon/Division:

CAF members may be posted to the CAF TG where they will be supported in their recovery, rehabilitation, and reintegration.



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# CAF TC Services Section

Return to Duty  
Program  
(RTD)

Home and vehicle  
modifications

Advocacy

Guided  
Support

Casualty  
Administration

Designated  
Assistant training  
and support

Outreach and  
Education

Home  
Assistance

Transition Planning

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# CAF TC Services Section

Once a person's situation/needs are assessed, support through:

- Advocacy
- Assist with a transition plan
- Coordinate services



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# CAF TC Transitions Section

When a person is considering,  
or has decided it is time for  
Transition:

- Guidance / Support
- Non-judgemental ear
- Collective experience



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# Service Partners

Veterans Affairs Canada / Anciens Combattants Canada



**MFSP** MILITARY FAMILY SERVICES PROGRAM **PSFM** PROGRAMME DES SERVICES AUX FAMILLES DES MILITAIRES



**CF Case Management**  
*Caring Across the Continuum*



**Gestion de cas des FC**  
*Compassion durant le cheminement clinique*

**CANADIAN FORCES PERSONNEL SUPPORT AGENCY**  
   
**AGENCE DE SOUTIEN DU PERSONNEL DES FORCES CANADIENNES**

**Operational Stress Injury**  
SOCIAL SUPPORT **SOUTIEN SOCIAL**  
Blessures Stress Opérationnel

**HOPE** Peer support program for bereaved military families  
Programme de soutien par les pairs, pour les familles militaires endeuillées **ESPOIR**



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# Tools

- Military Career Transition portal on Canada.ca;
  - My Transition Guide;
  - My Transition app; and
  - Enhanced Transition Training.
- 
- MyVAC App and My VAC Account





# Someone cares.... You are not alone



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- The maple leaf as our national symbol reminding us that service to Canada has been central to the lives of serving members and Veterans. The three projections of the leaf symbolize that transitions occur throughout a person's life-in the past, present and future. The bars on the left of each leaf symbolize the resilience instilled through training and experience, which enables members and their families to navigate through transition. The left to right flow symbolizes the unique transition experience that members and their family undergo while guided and supported towards future opportunities by the Transition Group.

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# Contact information

<https://www.canada.ca/en/department-national-defence/services/benefits-military/transition.html>

<https://www.canada.ca/en/veterans-affairs-canada.html>

<https://www.cafconnection.ca/National/Programs-Services/Mental-Health/Operational-Stress-Injury-Social-Support.aspx>

<https://www.cafconnection.ca/National/Programs-Services/For-Transitioning-Veterans-and-their-Families.aspx>

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